

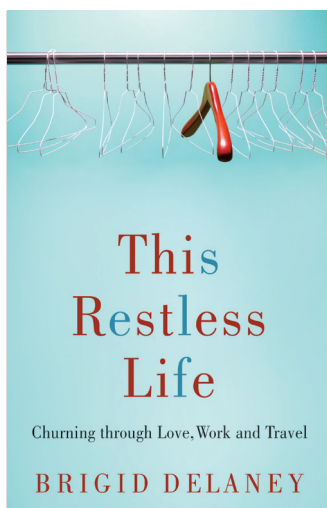
MEDIA RELEASE

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How have hyper-mobility and excess impacted upon the restless generation?



THIS RESTLESS LIFE CHURNING THROUGH LOVE, WORK AND TRAVEL

By Brigid Delaney

The savage playground of speed dating. High-risk, low-loyalty workplaces, scattered around the world. Friendships and love affairs conducted through technology. Globalisation and the long boom have changed the way young people love, work and travel.

In *This Restless Life*, journalist Brigid Delaney looks at the impact that hyper-mobility and the excesses of consumer culture have had on the restless generation. She hears stories from young Australians in the departure lounges of outer London airports, at parties in Rome and Sydney, in the cafés of Berlin and Paris. They feel 'nation-stateless', adrift.

Their affluence in the new economy has come at a cost.

Having lived the restless life herself—fifteen cities over the past fifteen years—Delaney laments the loss of the things that for previous generations held life together, like romantic love, full-time permanent work and real-world communities. But just as the pace of the new economy changed us into restless human beings, might the global financial crisis provide this generation with an opportunity to slow down and reassess how it might live?

Brigid Delaney has worked as a lawyer and journalist. She was a staff reporter at the *Sydney Morning Herald* before moving to London and working at the *Telegraph* and CNN. Her feature writing and comment pieces have also appeared in the *Guardian*, *The Age* and the Australian edition of the *Spectator*. This is her first book.

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