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New edition of "Understanding troubled minds."

Melbourne University Press has published a fully revised second edition of "Understanding Troubled Minds: A Guide to Mental Illness and Its Treatment" by Sidney Bloch.

Professor Bloch is Emeritus Professor in the Department of Psychiatry and the Centre for Health and Society at the University of Melbourne and Honorary Psychiatrist at St Vincent's Hospital. He was Associate Editor of the British Journal of Psychiatry for a decade and Chief Editor of the Australian and New Zealand Journal of Psychiatry for thirteen years. His thirteen books, many of which have been translated, deal with the psychotherapies and medical ethics.

"Understanding Troubled Minds" provides calm and authoritative guidance through the full range of mental illnesses and their treatment, and includes chapters dealing specifically with mental illnesses afflicting women, children and the elderly. It stresses the value of partnerships between psychiatrists, patients and their families.

Sidney Bloch, an eminent academic psychiatrist of many years clinical experience, highlights the place of hope and optimism, pointing to the great strides being made in the understanding and treatment of mental illness. Acknowledging the complexity of human nature, Professor Bloch weaves stories of real people and the insights of many writers and artists throughout the text.