

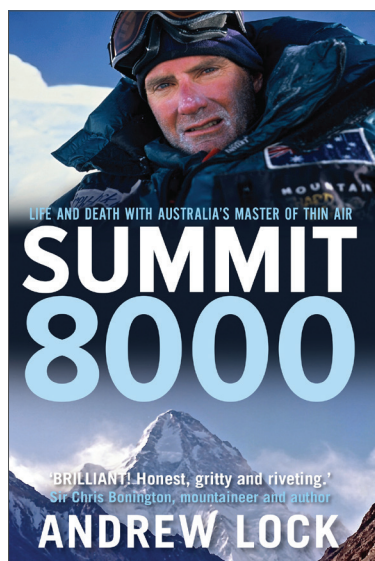
MEDIA RELEASE

Books with Spine – The best in politics, current affairs and biography



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RRP Print \$22.99
RRP Ebook \$12.99

Andrew Lock is
available for interview.

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SUMMIT 8000

Life and Death with Australia's Master of Thin Air

by Andrew Lock

'I only started Andrew's book yesterday and I haven't been able to put it down. It is BRILLIANT. Honest, gritty and an incredible, I suspect unique, portrayal of the cutting edge high altitude climbing scene of the nineties into the present day as he describes his own odyssey that culminates in his ascent of all fourteen 8000 metre peaks.' – Sir Chris Bonington, mountaineer and author

A thrilling memoir of the spectacular high-altitude mountaineering achievements of Andrew Lock: the only Australian to have summited all fourteen 8000-metre peaks in the world, including Mount Everest—twice.

We learn 'why does he do it?' Why does anyone take on such a challenge, knowing how easily they might be killed? Andrew Lock gives us a gripping account of his death-defying ascents and explains his passion for climbing in small teams, or solo, without Sherpas or bottled oxygen. His story is one of extraordinary passion, self-motivation, perseverance and resilience, as he leads us through his sixteen-year odyssey to achieve the Grand Slam of Himalayan mountaineering.

We are taken through the victories, the near-misses and the tragedies. The intense human drama of the expeditions infuses Summit 8000—funny, fierce and always fascinating stories about survival, climbing rivalries and mountaineering politics. The remote and stunning landscapes and cultures that Andrew encounters on his journeys add rich texture to his tale, culminating in his 2014 trip to Everest, where he was witness to the deadliest avalanche in the peak's history.

Andrew Lock is the most accomplished high-altitude mountaineer in Australian history. He is the only Australian, the first person in the Commonwealth, and just the 18th man in the world to climb all fourteen of the world's 8000-metre mountains. His achievements encompass eighteen summits of those 8000-metre peaks, including Mt Everest (twice) more than four times that of any other Australian, placing him in a select group of the world's best alpinists. Additionally, Andrew accomplished the first Australian ascent of six of those mountains, a record that can never be broken. Andrew Lock is a professional motivational and keynote speaker. He can be found at www.andrew-lock.com.

'Andrew Lock has written a superb and very honest account of climbing all the 8000-metre summits and the connection he made with the Himalayan mountains, the Himalayan people and the Himalayan climbers he met along the way. In this book you will discover how, time and time again, a man can draw on his inner strength and also that he does not suffer fools gladly.' Doug Scott, mountaineer and author

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